

# How to Effortlessly Flow in the Holy Spirit



**Romans 8:1** There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

**2** For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death...

**9** But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.



**Romans 8:11** But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

**Romans 6:4** Therefore we are buried with him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life.



# What is a spirit?

spirit – Thayer's Greek Lexicon - Pneuma

1. Movement of air, wind, breath
2. The vital principle by which the body is animated. The power by which a human being feels, thinks, wills decides.
3. "a spirit, i. e. a simple essence, devoid of all or at least all grosser matter, and possessed of the power of knowing, desiring, deciding, and acting"



**The vital principles that you believe, will influence your mind, will and emotions and bring those things to life.**

**The Holy Spirit is the very spirit of God that influences Him. The very character of The Father and Christ Jesus.**



# What is glory?

glory – Thayer's Greek Lexicon - doxa

I. View or opinion, what is very apparent about them.

The glory of God is the view or opinion of God, what is very apparent about Him if you really know Him.



**Exodus 33:18** And he said, I beseech thee, shew me thy **glory**.

**19** And he said, I will make all my **goodness** pass before thee, and I will proclaim the name of the Lord before thee; and will be **gracious** to whom I will be gracious, and will shew **mercy** on whom I will shew mercy.

The vital principle which animates God is His goodness and mercy.  
Our view and opinion of God is created and produced in us.



**Ezekiel 36:26** A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh.





**Luke 9:52** And sent messengers before his face: and they went, and entered into a village of the Samaritans, to make ready for him.

**53** And they did not receive him, because his face was as though he would go to Jerusalem.

**54** And when his disciples James and John saw this, they said, Lord, wilt thou that we command fire to come down from heaven, and consume them, even as Elias (Elijah) did?

**55** But he turned, and rebuked them, and said, Ye know not what manner of **spirit ye are of.**

**56** For the **Son of man is not come to destroy men's lives, but to save them.**



**Romans 8:13** For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

**14** For as many as are led by the Spirit of God, they are the sons of God.

**15** For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

**16** The Spirit itself beareth witness with our spirit, that we are the children of God:

**17** And if children, then heirs; heirs of God, and joint-heirs with Christ



**Under law – you have to be good enough to be blessed. It brings condemnation and fear.**

**We haven't received this Spirit. God no longer deals with us based on the law. He deals with us as joint-heirs with Christ Jesus.**

**He only deals with us based on His Spirit, which is mercy, goodness and grace.**

